



Train with Olympic Medalists & World Champions

ONE EXTRAORDINARY WELLNESS EXPERIENCE

23 - 27 OCTOBER 2026

Meet the Legends

Train alongside five of Britain's most celebrated Olympic athletes across five days of movement, mindfulness and inspiration. From sunrise runs on Palm Beach to beach fitness and restorative stretch sessions, every experience is designed for all fitness levels.



DENISE LEWIS
Olympic Champion
Heptathlon



COLIN JACKSON
3x World Champion & Former
World Record Holder
110m Hurdles



PAULA RACLIFFE
World Champion & Former World
Record Holder Marathon



LEON TAYLOR
Olympic Silver Medallist
Diving



JAMIE BAULCH
Olympic Silver Medallist
& World Champion
400m Sprinter

Complimentary for hotel guests aged 13 and above.

Daily Programme

TIME	EXPERIENCE	LOCATION
8am	Sunrise Run with Paula Radcliffe	Palm Beach
8am	Wellness Walk with Denise Lewis	Palm Beach
9am	Beach Fitness with Colin Jackson & Jamie Baulch	Palm Beach
10am	Recovery Stretch with Leon Taylor	Palm Beach

An Evening with Legends

Join us for an intimate cocktail evening at Nobu Dubai with some of Britain's most celebrated Olympic medallists and World Champions. Enjoy Nobu signature canapés alongside a selection of spirits, wines, and Champagne, in an evening of conversation and celebration.

Tuesday, 27 October | 7pm - 10pm
AED 845 per adult
AED 545 per child, ages 4-12
Dress code: Smart elegant

Limited availability. Advance reservation required. For more information or to book, please contact the Concierge team.