

Activity Schedule

Ages 4 to 12 years

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10 am – 1 pm								
MORNING ADVENTURES								
Free Play Activities Open – Creation Station, Active Station, Snug, Craft Station,, Game Station, Explorers Town								
10:30am to 11:30am	Waken with Awaken	Stretch & Flex	Soundful Moments	Salt Scrubs	Manicure Day	Breathing Buddies	Flash Mob	Bootcamp
11:30am to 12:30pm	Little Creators	Cosmic Creation	Explorers’ Trinkets	Bubbly Hands	Knots and Threads	Artisan Craft	Tiny Cards Big Smiles	Paint & Create
1:00pm to 2:00pm	Lunch Service	Limited Availability						
2 pm – 6 pm								
AFTERNOON ADVENTURES								
Free Play Activities Open – Creation Station, Active Station, Snug, Craft Station, Game Station, Explorers Town								
2:30pm to 3:30pm	Little Foodies	Fruit Roll Cake	Burrito	Cupcake Decoration	Pizza Making	No Bake Cheesecake	Soft Tacos	Cookie Dough
3:15pm to 4:30pm	Meet the Experts	Shark Diver (4pm) (4 to 12 years)	Dolphin Trainer (6 to 12 years)	Sea Jellyfish (4 to 12 years)	Falcon Trainer (4 to 12 years)	Marine Vet (6 to 12 years)	Marine Educator (4 to 12 years)	Sea Lion (6 to 12 years)
4:30pm to 5:30pm	Active Explorers	Sporty Fun Net	Safari Shuffle	Grab & Dodge	Little Smashers	Champion Chase	Explorers’ Grand Quest	Chance & Choice Fun
6:00pm to 7:00pm	Dinner Service	Limited Availability						
7 pm – 11 pm								
EVENING ADVENTURES								
Free Play Activities Open – Creation Station, Active Station, Snug, Craft Station,, Game Station, Explorers Town								
7:30pm to 8:30pm	Little Discoverers	Sand Sparkles	Mini Space Ranger	Earth to Art	Explorers Lab	Colour Pop	Chain Of Fun	Paint Potion
8:30pm to 9:30pm	Energetic Explorers	Bingo Blast	Mix & Match	Explorers Epic Playoffs	60 Seconds Showdown	Noodle Rumble	Explorers’ Trials	Little Earth Savers
9:30pm to 10:30pm	Showtime Showcase	Your Face Sounds Familiar	Battle Of The Beats	Neon Night	Explorers’ Got Talent	Once Upon A Stage	Explorers’ vs Staff	Spotlight Bonanza

ACTIVITY THEME	DESCRIPTION
Waken with Awaken	Rise and shine with a serene morning of relaxation! Join the AWAKEN spa experts for spa-inspired activities that will leave you feeling fresh, rejuvenated, and ready for a day of adventure.
Little Creators	Let your imagination run wild! From painting to crafting, unleash your inner artist and create masterpieces you'll be proud to show off.
Little Foodies	Cook up some fun! Join our mini-chef classes to whip up tasty treats, discover new flavors, and learn healthy eating habits – yum!
Meet the Experts	Dive into an exclusive behind-the-scenes adventure! Meet our amazing team of aquarists, divers, falconer and caretakers, and discover the secrets of Atlantis' 65,000 marine animals and UAE birds of prey.
Active Explorers	Ready, set, play! Get your heart pumping with awesome outdoor games, sports, and challenges that will have you moving and grooving all day.
Little Discoverers	Adventure awaits! Dive into exciting explorations and uncover the secrets of nature, science, and the world around you through fun hands-on activities.
Energetic Explorers	Bring on the excitement! Engage in high-energy activities that will keep you laughing, playing, and having a blast with your new friends.
Showtime Showcase	Lights, camera, action! Step into the spotlight and let your talents shine. Whether it's singing, dancing, or acting, this is your moment to dazzle and delight!