

Activity Schedule

Ages 4 to 12 years

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
10 am - 1 pm	MORNING ADVENTURES							
	Free Play Activities Open – Creation Station, Active Station, Snug, Craft Station, Game Station, Explorers Town							
10:30 am - 11:30 am	Waken with AWAKEN	Stretch & Flex	Soundful Moments	Salt Scrubs	Manicure Day	Breathing Buddies	Flash Mob	Bootcamp
11:30 am - 12:30 pm	Little Creators	Cosmic Creation	Explorers' Trinkets	Bubbly Hands	Knot and Threads	Artisan Craft	Tiny Cards, Big Smile	Paint & Create
1:00 pm - 2:00 pm	Lunch Service	Limited Availability						

2 pm - 6 pm	AFTERNOON ADVENTURES Free Play Activities Open – Creation Station, Active Station, Snug, Craft Station, Game Station, Explorers Town							
2:30 pm - 3:30 pm	Little Foodies	Fruit Roll Cake	Burrito	Cupcake Decorating	Pizza Making	No Bake Cheesecake	Soft Tacos	Cookie Dough
3:15 pm - 4:30 pm	Meet the Experts	Shark Diver (4 to 12 years)	Dolphin Trainer (6 to 12 years)	Sea Jellyfish (4 to 12 years)	Falcon Trainer (4 to 12 years)	Marine Vet (6 to 12 years)	Marine Educator (4 to 12 years)	Sea Lion (6 to 12 years)
4:30 pm - 5:30 pm	Active Explorers	Sporty Fun Net	Safari Shuffle	Grab & Dodge	Little Smashers	Champion Chase	Explorers' Grand Quest	Chance & Choice Fun
6:00 pm - 7:00 pm	Dinner Service	Limited Availability						

7 pm - 11 pm	EVENING ADVENTURES Free Play Activities Open – Creation Station, Active Station, Snug, Craft Station, Game Station, Explorers Town							
7:30 pm - 8:30 pm	Little Discoverers	Sand Sparkles	Mini Space Rangers	Earth to Art	Explorers Lab	Colour Pop	Chain Of Fun	Paint Potion
8:30 pm - 9:30 pm	Energetic Explorers	Bingo Blast	Mix & Match	Explorers' Epic Playoffs	60 Second Showdown	Noodle Rumble	Explorers Trials	Little Earth Savers
9:30 pm - 10:30 pm	Showtime Showcase	Your Face Sounds Familiar	Battle Of The Beats	Neon Light	Explorers' Got Talent	Once Upon a Stage	Explorers vs Staff	Spotlight Bonanza

ACTIVITY THEME	DESCRIPTION
Waken with Awaken	Rise and shine with a serene morning of relaxation! Join the AWAKEN spa experts for spa-inspired activities that will leave you feeling fresh, rejuvenated, and ready for a day of adventure.
Little Creators	Let your imagination run wild! From painting to crafting, unleash your inner artist and create masterpieces you'll be proud to show off.
Little Foodies	Cook up some fun! Join our mini-chef classes to whip up tasty treats, discover new flavors, and learn healthy eating habits – yum!
Meet the Experts	Dive into an exclusive behind-the-scenes adventure! Meet our amazing team of aquarists, divers, falconer and caretakers, and discover the secrets of Atlantis' 65,000 marine animals and UAE birds of prey.
Active Explorers	Ready, set, play! Get your heart pumping with awesome outdoor games, sports, and challenges that will have you moving and grooving all day.
Little Discoverers	Adventure awaits! Dive into exciting explorations and uncover the secrets of nature, science, and the world around you through fun hands-on activities.
Energetic Explorers	Bring on the excitement! Engage in high-energy activities that will keep you laughing, playing, and having a blast with your new friends.
Showtime Showcase	Lights, camera, action! Step into the spotlight and let your talents shine. Whether it's singing, dancing, or acting, this is your moment to dazzle and delight!